

# NOVEMBER 2016 Senn Thomas Middle



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1

Cheesy Chicken Burrito  
Spanish Rice  
Refried Beans  
Assorted Fruit

2

Swedish Meatballs  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Assorted Fruit

3

Cheese Steak on Hoagie  
Bun  
Sautéed Pepper & Onion  
Baked Crinkle Cut Fries  
Assorted Fruit

4

Enchiladas w/ Red Sauce  
Pea and Carrot Medley  
Assorted Fruit

7

Dominos Pizza  
(Sausage, Cheese, or  
Pepperoni)  
Golden Corn  
Assorted Fruit

8

Chili & Chicken  
Crispitos  
Cheddar Cheese Sauce  
Seasoned Green Beans  
Assorted Fruit

9

Toasted Ravioli w/  
Marinara Sauce  
Steamed Broccoli  
Rotini Marinara  
Assorted Fruit

10

Pork Roast w/ Gravy  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Assorted Fruit

11

No School

14

Dominos Pizza  
(Sausage, Cheese, or  
Pepperoni)  
Steamed Carrots  
Assorted Fruit

15

Oven Roasted Chicken  
Buttered Noodles  
Seasoned Green Beans  
Assorted Fruit

16

Fish Sticks w/ Tarter  
Sauce  
Oven Baked Seasoned  
Fries  
Assorted Fruit

17

Corndog  
BBQ Baked Beans  
Seasoned Green beans  
Assorted Fruit

18

Turkey w/ Gravy  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Assorted Fruit

21

Dominos Pizza  
(Sausage, Cheese, or  
Pepperoni)  
Green Peas  
Assorted Fruit

22

General Tsos Chicken  
Vegetable Fried Rice  
Egg Roll  
Assorted Fruit

23

No School

24

Happy  
Thanksgiving!

25

No School

28

No School

29

Turkey, Bacon, & Ranch  
Flatbread  
Shredded Lettuce &  
Tomato  
BBQ Baked Beans  
Assorted Fruit

30

Baked Potato Bar  
(Cheese, Diced Ham,  
Steamed Broccoli)  
Soft Pretzel  
Assorted Fruit

### DID YOU KNOW?

Frozen dinners originated in 1953 when someone misjudged the number of frozen turkeys it would sell at Thanksgiving. The extra meat was repackaged and sold as a frozen meal!

\*\*\*Menu subject to change!

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

### Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Chef or Chicken Caesar Salads
- Pizza (rotating variety)

### Meal Prices

Student Breakfast \$0.00  
Student Lunch \$2.50

Adult Breakfast \$1.60  
Adult Lunch \$3.25

### School News

Nov 11<sup>th</sup> – No School/Veterans Day  
Nov 23<sup>rd</sup> - 25<sup>th</sup> – No School/  
Thanksgiving Break  
Nov 28<sup>th</sup> – No School

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>.

Help hint: deposit \$42.50 into your students account for lunch this month.

\*\*\*\*\*Every grain item is whole grain

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